

cbdesigns

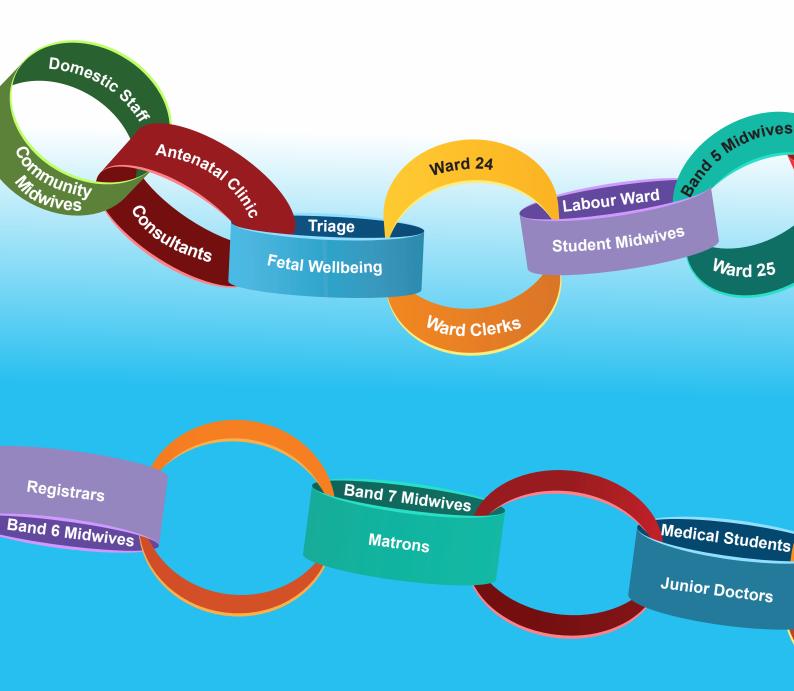
Most Creative Conceptual Graphic Designer 2019 - West Midlands



NHS UHCW Communications team of 2020 was Nominated for:

Going the extra mile in supporting Care Awards 2020 a team that provide a crucial core service and takes pride in delivering a high standard of work

Chief Executive Award 2020. This award is for an outstanding team that demonstrates all our Trust values in everything that they do. Compassion, Openness, Improve, Respect, Partnership, Pride & Learn





















OPENNESS

We act with openness, honesty and integrity in all we do







RESPECT

showing a sense of admiration for each other









No Packs allowed in the workplace



COMPASSION COUNTS!! act humane

We stand by and trust that we all are treating...

Doctors, nurses, all staff, visitors & patients

as they want to be treated!

















A Leopard must change its spots



COMPASSION COUNTS!!

act humane

We stand by and trust that we all are treating...

Doctors, nurses, all staff, visitors & patients

as they want to be treated!



















Elephant in the room





COMPASSION COUNTS!! act humane

We stand by and trust that we all are treating...

Doctors, nurses, all staff, visitors & patients

as they want to be treated!















YOUR HEALTH IN MIND

ENGAGEMENT EVENTS ON FUTURE MENTAL HEALTH CARE



A Keele University Teaching Trust



WE ARE ALL SUPER HUMAN

THE INNER POWER TO OVERCOME OUR DIFFICULTIES

YOUR HEALTH IN MIND

ENGAGEMENT EVENTS
ON FUTURE MENTAL HEALTH CARE





WE ARE ALL SUPER HUMAN

THE INNER POWER TO OVERCOME OUR DIFFICULTIES

25th SEPTEMBER 2019 LICHFIELD
The Cathedral Hotel 10am to 1pm

16th OCTOBER 2019 TAMWORTH
Coton Green Church

2pm to 5pm and 6pm to 9pm

17TH OCTOBER 2019 BURTON
Burton Library 2pm to 5pm

If there is a general election these will be rearranged

TO BOOK YOUR PLACE PLEASE VISIT WWW.MPFT.NHS.UK

Call 0300 790 7000 ext 7128289 Email enquiries@mpft.nhs.uk





SERVICE USER CASE STUDY



SUPER HUMAN POWER Strength

MY SUPER HUMAN CATCHPHRASE 'Never Give Up'

'I'm a fighter. Strong willed overcoming many difficulties in my life.

I always look on the positive side of things!'

Agenda for GBC Engagement sessions

1.Welcome (5mins)

- Background to the George Bryan Centre Fire in February 2019
- Two services
 Working Age Adults Inpatient service
 Dementia Services
- Agenda for today's session & the relationship with STP/CCG

2.Presentation

Summary of:-

- Description of the services as they were in the George Bryan Centre & As they are currently being delivered (5mins)
- Data Pack (20mins)
- Best Practice Enhanced Community Model (20mins)

3.(Plan A)

Groups split into service interest

- 1. Working Age Adults Inpatient service
- 2. Dementia Services
- 3. What the locality would need in the future/Design the Building

Each group to be given the layout of the 5 CQC measures and then the facilitator to then rotate for further comments on each table

4.Closing - Executive (15mins)



YOUR HEALTH IN MIND



ENGAGEMENT EVENTS

ON FUTURE MENTAL HEALTH CARE

WE ARE ALL SUPER HUMAN

THE INNER POWER TO OVERCOME OUR DIFFICULTIES

LET YOUR VOICE BE HEARD

Help us in our ambition to achieve the perfect patient experience.

Making Mental Health first priority!



Midlands Partnership

NHS Foundation Trust

A Keele University Teaching Trust

OPEN TO THE GENERAL PUBLIC. SERVICE USERS & CARERS

Former George Bryan patients encouraged

0300 790 7000 or email enquiries@mpft.nhs.uk



INVOLVEMENT "We care because vou & I matter."

ENGAGEMENT EVENTS VENUES & TIMES

25th SEPTEMBER 2019 LICHFIELD EVENT

The Cathedral Hotel. 10am to 13:00pm

16th OCTOBER 2019 TAMWORTH EVENT Coton Green Church

> 2pm to 5pm and 6pm to 9pm

17TH OCTOBER 2019 BURTON EVENT Burton Library Room 1 2pm to 5pm

The future of the George Bryan Services are now under review and a group has been set up to plan an engagement exercise to discuss what happens next. The engagement group includes a service user and staff representative, a member of the League of Friends of Tamworth Hospitals and staff from Midlands Partnership NHS Foundation Trust. Four meetings will be held, with two planned for Tamworth .The events will be open to all, but the target audience is people who have used the George Bryan Centre in the last two years and their families and carers, plus those who have been admitted to St George's in the last two years

BOOK YOUR PLACE CONTACT THE TEAM ON: 0300 790 7000

or email enquiries@mpft.nhs.uk

SERVICE USER CASE STUDY



SUPER HUMAN POWER Resilient

MY SUPER HUMAN CATCHPHRASE 'Nothing is Impossible!'

'I have strength and durability. I'm able to withstand or recover quickly from difficult conditions. I have faced many battles in my life. I treat others as they would like to be treated.

IF YOU CANNOT ATTEND YOU DON'T MISS OUT! **MAKE YOUR CONTRIBUTION ONLINE**

Fill out our survey, available online the Trusts website.

Why not sign up to become an **Involvement Representative** for the Trust. If you want to know more about getting

involved or how to register. please get in touch with our team.

TO BOOK YOUR PLACE ON THE ENGAGEMENT EVENT PLEASE VISIT THE TRUSTS WEBSITE ONLINE: www.mpft.nhs.uk

Alternatively

You can book your place by post just fill in & return:

> Trust Headquarters St. George's Hospital Corporation Street Stafford, ST16 3SR

ENGAGEMENT EVENT

Name:

Venue & time:





Curiosity

Curiosity can help you to be more aware of diversity and cultural differences and enhance team working too. It is good to show an interest in the people around you.











Liberate app: Specific to the **BAME** community

Liberate has partnered with the NHS to offer you a free subscription until December 2020 to the number one meditation app for people of colour (POC)/BAME communities.



Liberate Meditation offers culturally sensitive and diverse meditations and talks that have been curated for the BAME community. The app aims to help reduce anxiety, alleviate stress and promote rest.

Create an account at https://liberatemeditation.com/nhs and sign up using your NHS email address. You can download the Liberate app from your App Store.

The Tamarind Centre: Specific to the **BAME** community

For more specialised one-to-one support, the Tamarind Centre is an organisation which supports the BME community within Coventry who are under pressure or experiencing mental ill health.



Based on Sandy Lane, the Centre offers a range of specialist services including advice & information, advocacy, one-to-one counselling, activities, a drop-in service and emotional support.

Please contact the team on 02476 227712 / 225512 to self-refer.

Tackling Racial Inequality Listening Event Advice and Support

We are aware that attending this listening event, hearing and sharing personal experiences may have had an impact on you as attendees. If you feel you'd benefit from confidential advice or support onanything from a workplace issue to more personal BAME-specific mental health support, please see the range of internal and external services with various focuses.



































INTERNAL









Freedom to Speak Up Guardians have been appointed throughout the NHS and have a key role in helping to raise the profile of raising concerns in their organisations.



These guardians provide confidential advice and support to staff in relation to any concerns they have. The Raising Concerns/Speaking Up Trust policy for anyone wishing to share concerns can be accessed via TrustNav and the e-library, which provides contact numbers and email addresses.

Alternatively, you can reach the Freedom to Speak Up Guardian via freedomtospeakupguardian@uhcw.nhs.uk or 07775 758247.

Confidential Contacts

We recognise that it can sometimes be difficult to raise a concern or you might need some further advice on how to do this. This is where you might want to use the Confidential Contacts scheme. Confidential Contacts are members of staff that can help you to explore your concerns, discuss your options with you and signpost you to the right route to getting your concern resolved.

You can find more information about them by visiting their page on TrustNav or looking for posters in your local area.



Equality and Diversity

The Equality and Diversity team is available to provide confidential advice if you have a workplace issue related to age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion and/or belief, sex/gender and sexual orientation.

You are able to get in touch with the team on GMBEQDIV@uhcw.nhs.uk, or by searching on the telephone directory.



Employee Assistance Programme

UHCW's Employee Assistance
Programme, provided by Health
Assured, is an online and
telephone portal available 24/7,
365 days a year to give compassionate
support and guidance in whatever challenges you are facing.
Your conversations are confidential and details will not be shared
with UHCW. A range of services are available to employees,
including support with work issues, legal advice, counselling and
mental health support.

You can log in to the online portal at healthassuredeap.com using the username: NHS and password: EAP, or call the helpline on 0800 030 5182.





The correct way to wear a face mask



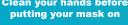
Pinch your nose

Tie straps behind your head and neck

Cover nose and mouth

NHS









Tie hair back before putting your mask on



Tie the straps of your mask behind your head and your neck

















University Hospitals Coventry and Warwickshire

The incorrect way to wear a face mask







touch the front of the mask



hang from one ear



Do not cross straps



leave a strap hanging



leave hair down on face Do not



Do not reach under mask



Do not remove mask to cough, sneeze, or talk



Do not eat or drink with a mask on



















Everyone is expected to wear a mask when entering and inside UHCW sites



Designed IPC COVID pop up stands that were broadcasted on BBC National News on the first day of vaccination at the University Coventry Hospital.





Please Protect Everyone

Please adhere to the social distancing measures in place



Please use the alcohol hand rub dispensers available across the site



Please dispose of your mask correctly





Thank you for your support and co-operation

















the silence on **Domestic Abuse**



#YOUARENOTALONE

Help is at hand Call The National 24 hour Helpline: 0800 9702070

If your are feeling that somethings not quite right, but can't put your finger on it you can apply for a disclosure under Claires Law.

To Make An Application

1. You can visit a police station 2. You can phone 101 3. Speak to a member of the Police on the street

Management of a collapsed person in non-clinical settings at UHCW NHS Trust: Guidance for

healthcare professionals (HCP) and/or public first responders



Recognise cardiac arrest by looking for the absence of signs of life and the absence of normal breathing for no longer than 10 seconds. Do **NOT** put your face near the patient's face to listen/ feel for breath.

The first thing to do is shout for help, dial 2222 and ask for the cardiac arrest team. Then, request an ambulance by making a 999 call if you are in the car park or Clinical Science Building (CSB).



If you have access to any form of personal protective equipment (PPE) this should be worn.

Leave the face mask in place or place a cloth/towel over the patient's mouth and nose, if there are no signs of life attempt compression-only CPR by putting your hands together in the middle of the chest and pushing hard and fast. Continue compressions until the cardiac arrest team arrive.



If you are a HCP trained in AED use, attach the AED and shock if indicated.



After performing chest compressions, wash your hands thoroughly with soap and water; alcohol-based gel is a convenient alternative.



The nearest telephone and medical emergency equipment including a defibrillator is:

Main Reception Clinical Science Building (CSB) Reception **West Wing maternity entrance reception**



A HCP may encounter a patient who has had a cardiac arrest in a public place (i.e. without the benefit of resuscitative equipment or PPE). Under such circumstances they should follow guidance for members of the public, being aware of their professional obligations.















Version 1 August 2020





Your guide to COVID-19 testing.

An overview for NHS staff and test requesters.

The PCR Test Polymerase chain reaction



Tests for the presence of virus in an individual.

infection

PCR test window

DAYS post symptom onset.

10

The Antibody Test



Tests if the person has been previously infected with the virus.

Antibody test window

15

25

30+

Optimal testing time between two days before and seven days after symptoms onset.



Test can be carried out using: Nose swabs. Throat swabs.



Positive

Continue PPE use as per Trust guidance. If patient is admitted isolate or cohort according to Trust SOP/policy.

Does not tell you

how ill the person will become, or when they contracted the virus.

Negative

Please do not de-escalate IPC precautions.

For further information or advice please call virology on 25471.

Optimal testing time at least 14 days after symptoms onset.

20



Test can be carried out using: A blood sample.



You have previously had the virus and had an immune response.

Does not tell you

If the person is protected from becoming ill again if exposed to COVID-19, or how long protection may last.

You must still









Negative

The person may have failed to mount an antibody response and is still considered susceptible.

> For further information or advice please call virology on 25471.

















Putting your health and wellbeing first

What's changed during the COVID-19 pandemic?

Over the past three months, the number of staff inductions have increased from

6 to 24

to support social distancing and the increase in new starters.



- 5600 people have been fit tested since the start of the COVID-19 pandemic
- We have 300 cascade trainers across both Trust sites



- The number of respirator hoods across the Trust have increased from 3 to 58
- 125 clinicians are trained for respirator hood use

To provide a space for members of staff to take a break we have introducted...



Wobble rooms



Wellbeing rooms



Large wellbeing hubs at UHCW



Large wellbeing hub at Rugby

Hydration stations are available on every ward.

Please remove your PPE, wash your hands, maintain social distancing and take five minutes to hydrate.

Action: Do you know where your hydration station is? Use the poster provided to make all team members aware.

June 2020

















Communicating when wearing a face mask



Wearing a face mask makes it difficult for others to:

1.Recognise you 2.Hear what you say

3. Read your facial expressions to identify feelings

4.And IMPOSSIBLE to pick up any cues from lip reading

Ways to help



As the Speaker

- Introduce yourself and your role
- Gain the listener's attention
- Speak loudly and clearly
- Use clear, simple phrases and rephrase if needed
- Use objects and simple gestures
- Nod and shake your head for yes and no
- One person speak at a time
- Write down key information
- Reduce background noise
- Give people time to respond
- Display your name badge or a sticker with your name and role

As the listener:

- Repeat back what you have heard in order to clarify
- Don't pretend to understand as this can lead to miscommunication and frustration
- Give the speaker your full attention



Useful websites:

https://www.hse.ie/eng/about/our-health-service/healthcare-communication/nhcp-communication-skills-for-staff-wearing-personal-protective-equipment-ppe.pdf https://www.hcpc-uk.org/covid-19/advice/applying-our-standards/communicating-during-the-covid-19-pandemic/

Created by Speech and Language Therapy. Extension number of 25709



















University Hospital, Coventry has been rated as

'GOOD'

by the Care Quality Commission























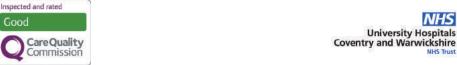
We Care, We Achieve, We Innovate











University Hospital, Coventry has been rated as

The Hospital of St Cross, Rugby has been rated as

'GOOD'

'GOOD'

by the Care Quality Commission

by the Care Quality Commission







































We Care, We Achieve, We Innovate

You can view the full report at www.uhcw.nhs.uk

We Care, We Achieve, We Innovate





The CQC has rated University Hospital, Coventry as

'GOOD'







The CQC has rated The Hospital of St Cross, Rugby as

'GOOD'







THE NATIONAL HEALTH SERVICE UK: IN BATTLE PROFESSOR PRITHWISH BANERJEE

Attracting workers from across the world to practice medicine as an art unfurled, working arm in arm with a flood of skills the NHS is a place for no ordinary thrills.

A quiet dedication runs at the core genuine care, excellence, ethics and more; Fairness and respect, every patient is our own equal attention for all, celebrity or unknown.

Teams within teams innovating all the time working for principles and pleasure not just the dime decisions are always based on clinical need ego or arrogance can rarely breed.

Let's be honest there are challenges galore the service can be difficult to sustain at the door lt's a unique model though of health for all whether they are rich or poor, short or tall.

Another key aspect is the family doctor's role their warmth and support reaches down to the soul guardians of health of the families they know working with nurses and specialists through winds and snow.

As a part of the workforce I am honoured to stay I feel privileged, wouldn't have it another way

It's a warm feeling to stand proudly with friends that show

commitment and skills that never ends.

And now that the winds have suddenly changed a battle cry has risen, our troops arranged; amidst uncertainly and strife we will stand tall to do our best, support you all, if you are alone, unwell or afraid know that the NHS will always be there with aid in times like this our heartbeats are one until the storm passes and our job is done.

















de

Improve

.

Respect













ASTON MARTIN













Coventry and Warwickshire

Health and Care Partnership

I hank You

to all of our Partners

in the response to COVID-19





The Guardian





































I hank You



We have been overwhelmed by your kindness.





Aerislech
Aldi - Rugby
Aldi - Rugby
All Sorts Early Years and Extended Services
All Souts Catholic Primary School
AMTICO
APPS LIVING
APR Med Tech
Arthur's Helping Hands - Rugby
Ardagh Metal Beverage UK Ltd - Rugby
Ardagh Metal Beverage UK Ltd - Rugby
Aston Martin
Aubrey Allen (local)
Avalon Filer Protection

B&Q Alvis Retail Balsall Common Sewing Circle Ballicom Ltd Coventry Barn Kitchen Beauty Banks Birnigham Scouts Body Shop Coventry Broughton Plastering Buddist organisation Buildhase Cadburys
Canley Sood Stores
Canley Sandwich Shop
Case Isoco
Coombe Abbey
Co-op Feart of England fund
Co-op Heart of England fund
Coventry Building Society
Coventry University China Partnership
Coventry University China Partnership
Coventry Comfort Carers
Coventry Comfort Carers
Coventry Comfort Carers

DHL Dominos Pizza Easenhall Village Emily's Lollies Envirotech Mechanical

F! supplier

GAMB GAP - Rugby Gems@Work Gill Arnold Griffiths Joinery Grilli Brothers

Hakimpur Cash & Carry Hanover Gardens Hillfields Loco Store Holland and Barrett

Iceland Innocent Drinks ISG K9 Club King Henry School Coventry Kurdish Community Group

Langar Aid
Langley School
L & S Engineers Ltd
Leather & Luggage Ltd
LEVC
Libby Mae's Little Angels
Lindt
Lisa Melia
London Calling Pub
LPS (I etuva Patidar Sumai) CRN

Lucia Gallo Catering

Lush Coventry

Manufacturing Technology Centre Maradu engineering Ltd Maya Mistry M & S MCR Safety Europe Miss Macaroon Mission Foods Moathouse Community Fund Morrisons Lutterworth My Eastern Green

Nailcote Hall Nicole Scapetis - Yoell Nimbus NHS Charities Together Nursing Retirement Fellowship

old Hall Coventry

Park Hill School Print My Top

Rachel Williams Raven Steel Roadphone NRB Rebecca Fell Rugby Borough Football Club Rugby Rokeby Lions Club Rugby Schools SES Scaffolding Schwarzkopf Severn Trent Shaun & Jayne Croydon St.Mary's Church of England Primary School Studlev Quilting Club

TATA Motors Taurus Electrical Tesco Crosspoin Tesco Ricoh The Millpool TK Maxx Trenchex

Ummah Welfare Trus UNILEVER

Warwickshire Craft Gro Warwick University Waitrose Kenilworth Walsgrave Academy Watts the Occasion

...and many, many more.









Learn



Pride



Improve







PUTTING PATIENTS FIRST EVERY MOMENT COUNTS FOR GREAT CARE

NHS

University Hospitals Coventry and Warwickshire



You CAN book an ambulance once TTOs are written. You do not need to wait until received on the ward. Dial #6502 or book online.

You CAN request urgent diagnostics for an OUTPATIENT if clinically safe to do so, rather than waiting longer for an inpatient slot. Contact Diagnostics on #1843

You CAN book an ambulance in advance either for the next day, or later that day. You CAN cancel a booking if things change. Try and give plenty of notice.

You CAN send the patient to our Transit Lounge once TTOs are written.
You don't need to wait until delivered to ward.

You CAN track your **TTOs online**.

Don't forget to escalate to your Bed Manager.

ANY URGENT ISSUES
PLEASE CONTACT SITE CONTROL.



MADE | Multi Agency Discharge Event

University Hospitals
Coventry and Warwickshire
NHS Trust

Reducing internal delays as well as external delays





10th - 16th February

1.Where is the patient from?
2.Where is the patient going to?
3.What does the patient need to get there?

TO Support improved patient flow across the system recognise and unblock delays

TO Challenge, improve & simplify complex discharge processes.

TO Improve the Patient's journey

understanding the next steps to reach discharge & that critical interventions happen without delay!



























Have you been affected by Sepsis? UHCW is here to support you.

If you or a loved one has had Sepsis, join us at our Sepsis support groups. The UK Sepsis Trust offers online support groups and Facebook groups and forums:

https://sepsistrust.org/get-support/my-local-group/

The Coventry and Warwickshire Sepsis Support Group Group Contact Tel: 0808 800 0029

email: support@sepsistrust.org



For information on recovery, returning to work, and guides for patients and relatives visit:

https://sepsistrust.org/get-support/resources/email the sepsis team on: Sepsisnurses@uhcw.nhs.uk















Raising Concerns at UHCW



Confidential Contacts

Ashley Betteridge - Health Care Assistant Ext 25561 ashley.betteridge@uhcw.nhs.uk

Kiran Paul - Patient Safety Coordinator Ext 25173 kiran.paul@uhcw.nhs.uk

Sue Powell - Therapy Team Leader Ext 33054 sue.powell@uhcw.nhs.uk

Kevin Spalding - Training Instructor Tel: 07913603586 Kevin.Spalding@uk.issworld.com

Deborah Harris - Specialist Nurse Mental Health Bleep 3028 deborah.harris@uhcw.nhs.uk

Ceri Jones - Head of R&D Ext 25031 ceri.jones@uhcw.nhs.uk

Bittaj Augustine - Sterile Services Supervisor Ext 28893 bittaj.augustine@uhcw.nhs.uk

Eve Jones - Admin Team Coordinator Ext: 6518 eve.jones@uhcw.nhs.uk

Who can I talk to?

Speak to your line manager first, as they will be the best person to help you and talk through any worries or concerns with you.

The
Workforce Team
can help you.
Email
HR.Operations
@uhcw.nhs.uk

Freedom to Speak up Guardians provide confidential advice and support to staff in relation to any concerns they have.

Lorna Shaw
Clinical Site Manager
Email: freedomtospeakupguardian@uhcw.nhs.uk

Jeremy Gould
Non executive Director
Email: Jeremy.gold@uhcw.nhs.uk





















